

SHE™

120 Veg Capsules

Servings per bottle – 60

Serving size – 2 capsules

One Serving contains:

300 mg Royal Camu®

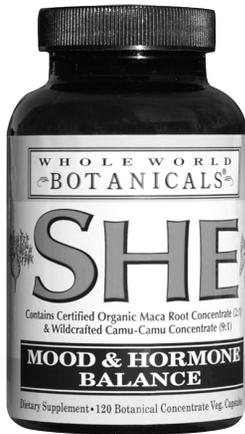
(Camu-Camu)

concentrate 9:1

125mg Royal Maca®

(Organic cooked maca powder concentrate)

2:1 per capsule



Vegan and gluten-free.

Dosing Guidelines:

Take as directed on the bottle while following the guidelines listed below:

When taking **SHE™**, avoid any form of estrogen or precursor hormones. **SHE™** may be taken with progestin-only birth control pills. Consult a physician if pregnant or nursing. Do not use with Tamoxifen or Lupron.

For painful periods, start taking **SHE™** when your menstrual cycle begins.

Young women with extremely irregular periods (6 periods or fewer per year) should consult a physician to rule out a medical condition. If the doctor cannot find one, it is appropriate to take **Royal Maca® for Vitality** to promote a healthy, regular menstrual cycle.

If any side effect such as anxiety, fatigue, or weight gain occurs, it means you are taking too much.

Products from Whole World Botanicals®:

CAPSULES, POWDERS & TEAS

Royal Maca® † Capsules & Powder

Royal Camu® Capsules & Powder

SHE (Royal Camu-Maca) Capsules

Royal Desmodium™ Tea

Royal Cat's Claw™ Bark Tea

Royal Abuta Plus™ Capsules

† Certified Organic - Pre-Cooked

LIQUID EXTRACTS

Royal Desmodium™ Muscle-Tendon Support

Royal Desmodium™ Allergy-Lung Support

Royal Break-Stone™ Liver-Gall Bladder Support

Royal Break-Stone™ Kidney-Bladder Support

Royal Cat's Claw™

Royal Lucraco Plus™ Prostate Support

Royal Graviola™

Royal Dragon's Blood Liquid Sap

SOCIAL MISSION

Single Source, Indigenous—working with the same five communities of maca growers since 1988.

Fair Trade—purchasing maca root at a fair floor price or the market price, whichever is higher

Supporting Sustainability & Education in Peru—sponsoring projects to build solar cookers and greenhouses in the Andes and supporting education by donations of educational supplies to the families of our collectors.

Questions?

Email us at contact.us@wwbinc.net

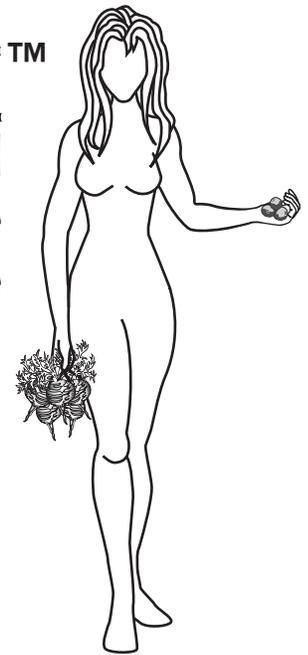
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SHE™

Mood and Hormone Balance



The Royal Camu-Maca Combination for Girls and Petite and Dose-Sensitive Women of all ages.

- Promotes mood balance*
- Enhances energy levels*
- Soothes painful periods*
- Alleviates PMS symptoms*
- Alleviates Peri-menopausal & Menopausal Symptoms*

*These statements have not been evaluated by the F.D.A. This product is not intended to prevent, diagnose, or treat any disease. This information is for educational use only.

SHE™ is the right Hormone-Balancing product for 25% of All Women!

Many women today lead stressful lives, multi-tasking between work, home, and often, study. This has a profound effect on adrenal function, which affects hormone balance, mood, energy level, thyroid function and skin. **SHE™** addresses these issues by combining an organically grown and a wildcrafted botanical concentrate designed to help women who are petite or sensitive.

Royal Camu®

Camu-Camu, a wild fruit from the Amazon Rainforest, supplies more natural Vitamin C than any other known botanical. Its powerful antioxidant capacity enhances mood and energy levels. The food-based Vitamin C and the glycol flavonoids in **Royal Camu®** provide abundant support for healthy adrenal function.

Royal Maca®

Maca is a cruciferous root vegetable from the high Andes of Peru which imparts a sense of well-being, promotes stamina and supports healthy sexual and reproductive function throughout a woman's life cycle.

Royal Maca® supports hormonal health of menstruating women and the production of neurotransmitter hormones—promoting good mood, sleep, and cognitive function. It also supports endocrine gland function, including thyroid, pancreas, adrenals, and the production of collagen-based structures (bone, hair, skin, nails).

How does Royal Maca® produce its Health Benefits?

Most maca root products available in health food stores are of “recreational grade”, lacking most of the therapeutic qualities of **Royal Maca®**. They are sold as energy and libido enhancers, are relatively weak, and the directions for use on their labels indicate a “one size fits all.” **Royal Maca®** products are powerful hormone balancers and “just right” in the dosing is very important. Studies show that a

potent maca root concentrate can raise tissue levels of IGF-1, a key precursor hormone for hormone balance, healthy skin, hair, and nails, good mood and energy.

Benefits of Taking SHE™

• Mood balance with Royal Camu®

Stress creates high levels of free-radicals that affect mood in a negative way. The natural Vitamin C in **Royal Camu®**, plus other antioxidants, have super free-radical scavenging activity that help support mood very quickly.



• Mood balance with Royal Maca®

Stress creates high cortisol levels in the body, leading to anxiety and difficulty sleeping. **Royal Maca®**, like **Royal Camu®**, offers superior support for adrenal glands and promotes healthy cortisol and DHEA levels.



• Hormone balance – healthy estrogen/progesterone/testosterone metabolism is promoted by **Royal Maca®**.

• Energy Level – is quickly increased through support of healthy adrenal gland function.

• Immune support – the Vitamin C content in ¼ pound of fresh Camu-Camu berries is equal to 10 pounds of strawberries! It takes 9 lbs. of fresh Camu-Camu berries to make one lb. of dry **Royal Camu®** Powder Concentrate.

The Ingredients of SHE™

Royal Maca® is the purest, most potent, therapeutic Maca Root concentrate available. Only tiny doses are required for hormone balance, according to a woman's size, sensitivity, and stage in life. It is organically grown on composted land, sun-dried, and put through a flash cooking extrusion process which produces a unique powder concentrate.

Royal Camu® is wildcrafted and flash frozen to preserve its high Vitamin C content before being spray dried. Guaranteed to contain 9-10% natural Vitamin C at time of manufacture with excellent shelf life.

Is SHE™ Right for Me?

Both **Petite** and **Sensitive Women** need a smaller serving size than is found in other **Royal Maca®** Capsule products, which contain either 400 mg. or 500 mg. of maca root concentrate per capsule. **SHE™** capsules contain only 125 mg. of **Royal Maca®** per capsule. The amount of **Royal Maca®** in each **SHE™** capsule is so small that it wouldn't be possible to measure it accurately taken in any other form. Each **SHE™** capsule also contains 300 mg. of **Royal Camu®**.

Women who are petite: **SHE™** supports optimal hormone balance and mood for petite women. Petite means 5 ft. 3 in. or shorter (even if you weigh 200 lbs.) or it means 115 lbs. or less—even if you are tall.

Teenagers and Young Women with mood swings, menstrual cramps or skin blemishes associated with stress or hormone imbalance may find that taking 2-4 capsules of **SHE™** can support an optimistic mood and sense of well being.

Women who are Petite or Sensitive with PMS often experience diminished symptoms, such as mood swings, fatigue, bloating or breast tenderness, when using **SHE™**.

Petite or Sensitive Peri-menopausal women with hot flashes who struggle to get their dosing right will find the formulation in **SHE™** to be more manageable.

Some Petite or Sensitive Women with very heavy periods (estrogen dominance) may be helped with the product **SHE™**. Others may do better with **Royal Maca® Plus with DIM**. But it is important to have a medical check-up first to determine the cause of the heavy bleeding.