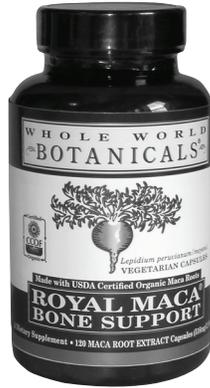


## Royal Maca® Bone Support



Contains certified organic, sun dried, cooked maca root.



ROYAL MACA® BONE SUPPORT is available in 120 vegetarian capsules.

Our capsules are SLS-free and contain no flow agents, no fillers, no chemicals, no irradiation, and no fumigation.

It is a vegan, gluten-free product.

Four capsules (suggested daily serving) provides:

1,600 mg organic maca root concentrate	(percent of RDA unknown)
1,800 I.U. vitamin D3	(100+% RDI)
78 mcg. of vitamin K2	(97% RDI)
300 mg. of magnesium glycinate	(85% RDI)
3 mg. of boron glycinate	(100% RDI)
12 mg. of zinc glycinate	(80% RDI)
5 mg. of strontium	(percent of RDI unknown)
20 mg. of horsetail herb (a natural source of silica)	(percent of RDI unknown)

NOTE: Although the directions are for 2 capsules twice a day of the Royal Maca® Bone Support product, it could be helpful to take additional Royal Maca® with no additives, either as Powder or in Capsule form. To support bones, it is best to take the maximum tolerated dosage. If you are taking too much Maca, you will experience side effects which may include breast tenderness, irritability, or fatigue.

## Royal Maca® Bone Support ...isn't it time you tried it?

*"Being a professor, I get far too little exercise and don't spend much time outdoors, so my doctor was astounded to discover that my bone scan showed excellent bone density.*

*I attribute this great outcome to Royal Maca® Bone Support, which I had been taking for almost a year before I got the bone scan."* \*

– Jackie D., Brooklyn, NY

*"My bone scan showed osteoporosis, but I had heard horrendous stories about side effects involving total bone breakdown from women taking pharmaceutical products to improve bone density. So I decided to avoid drugs and to take a product which would strengthen my bone density naturally—Royal Maca® Bone Support. A year later, I was enormously pleased with the results!"* \*

– Cordelia O., age 86, Queens, NY

\*These statements have not been evaluated by the F.D.A. This product is not intended to prevent, diagnose, or treat any disease. This information is for educational use only.

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## CERTIFIED ORGANIC ROYAL MACA® BONE SUPPORT



Royal Maca® Bone Support works better and in a completely different way from any other bone support product on the market!

### Revolutionary Discovery on How to Best Support Bone Density!

The best bone supplement contains natural forms of vitamins D and K, chelated magnesium, boron, zinc, and strontium which Whole World Botanical's bone support product has. **But the greatest stimulus to new bone production is IGF-1**, which the body produces in the presence of adequate HGH (Human Growth Hormone).

**Animals' studies reveal that Maca Root in a highly concentrated form, like Royal Maca, significantly increases the tissue production of IGF-1.\***

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## Why Royal Maca® Bone Support is Superior to Other Formulas

*Royal Maca Bone Support* is more effective than other products because it takes bone nutrition to a higher level. It is a unique and ground breaking product for bone health and hormone balance.

Besides supplying vital bone-strengthening chelated minerals, Vitamin D3 and Vitamin K2 and other nutrients, Royal Maca® Bone Support stimulates the formation of new osteoblasts— bone cells that promote the growth of new bone tissue.

Royal Maca® Bone Support also helps raise the estrogen level in estrogen-deficient women. This is important because estrogen slows the rate of bone loss suffered by so many perimenopausal and menopausal women.



### Certified Organic Maca

*Our Maca Roots are traditionally cooked to produce a concentrated bioavailable & easily digestible extract powder.*

Studies on both peri-menopausal women and post-menopausal women suggest that organic, cooked maca root is highly effective in stimulating natural hormone balance. Studies on peri-menopausal women show a significant increase in estradiol level in women taking organic cooked maca and studies on

post-menopausal women show a significant decrease in lutenizing hormone (LH) levels.

## Isn't it time to start Royal Maca® Bone Support?

As you advance into peri-menopause and menopause years, your body's production of estrogen diminishes.▲

This impacts bone health since the decline of estrogen causes your bones to break down faster than new bone can replace what has been lost. The result? The beginning of osteopenia and a higher risk of osteoporosis— possibly leading to bone fractures, compression of your spinal discs, and even a stooped posture.

*Royal Maca® Bone Support* naturally enhances your body's production of estrogen without the side effects of synthetic HRT products. And it supports your body's hormone production as it transitions into a post-reproductive balance.

▲Symptoms of estrogen deficiency are the same as menopausal symptoms and include; hot flashes, vaginal dryness, loss of libido, hair thinning, urinary frequency and urgency, sleep difficulty, and mood swings. In both menopausal and post-menopausal women significant bone loss has no symptoms. Only a bone density test will reveal significant bone loss after it has occurred but the cause of bone loss in these women is a low estrogen level.



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## Stand tall with Royal Maca® Bone Support Capsules!

Supports new bone growth and helps inhibit bone loss.

- Contains Royal Maca® concentrate to accelerate bone-promoting secondary metabolites
- Boosts tissue levels of bone-promoting IGF-1
- Supplies chelated minerals and vitamins D3 and K2 for additional bone nutrition
- Highly effective for peri-menopausal, menopausal and post-menopausal symptoms
- Vegetarian-capsules and no animal products

\*In December 2004, scientists from the Center for Cardiovascular Sciences in Albany Medical College, Albany, New York, discovered that maca root helps raise the level of IGF-1 (Insulin Growth Factor) in body tissues. Maca root is the only food plant known to have this effect.

\*Other studies with women in perimenopause and menopause suggest that cooked, sundried maca root improves hormone balance, including the production of lutenizing hormone (LH) and estrogen, thus helping prevent rapid bone turnover.

## Why do many women avoid Biphosphonate drugs for Bone Support?

Biphosphonate drugs, the most popular medication used for bone support, work by preventing your body from dissolving old bone, but it does not help your body make new bone. Consequently, a woman's bones may be thicker using this type of drug, but they will be more brittle. If a woman develops a fracture while taking a biphosphonate drug, her doctor will immediately take her off the drug in order to enable her body to repair the bone fracture.