

USAGE & DOSAGE

General considerations: It is advisable for most people doing a liver cleanse to start the first day with only 30 drops of **Royal Chanca Piedra™ Liver-Gall Bladder Support** Liquid Extract in a glass of water on an empty stomach OR one **Royal Chanca Piedra™** capsule taken in the same way, OR one glass of **Royal Chanca Piedra™ Tea**, made as directed on container. On the second and third days of the cleanse, the servings may be taken twice a day. From the fourth day forward for a 3- or 4-week cleanse, the servings may be taken 3 times a day. If it's not possible to schedule for 3 times a day, you may double up on one of the servings.

Optional: A squeeze of lemon juice may be added to the liquid extract and water or to the tea.

How to take the product for an extended period of time:

If you wish to take one or two servings (30-60 drops) or more daily for more than two months, consult your physician.



Royal Chanca Piedra™ Liver Gall-Bladder Support

is available as loose tea, an alcohol-free liquid extract and as double-strength extract capsules.

YOUR SOURCE FOR FOOD-SOURCED BOTANICALS

Whole World Botanicals™ offers the most potent and pure food sources for its dietary supplements. That's because we do the sourcing ourselves, have partnered with the same communities for more than 15 years, and our suppliers are small local growers. The term **“Single Source, Indigenous™”** sums it all up. That's what we offer you.

OUR MISSION

Whole World Botanicals® provides Certified Organic and Wildcrafted premium-quality Peruvian botanicals. We are a positive force for environmental protection and economic assistance in the form of interest-free loans to native/local herb growers. We give technical and financial assistance for use of solar power and for providing clean water. Whenever possible, we buy directly from the growers/collectors at **Fair Trade** prices.

WHOLE WORLD BOTANICALS™ PRODUCTS: LIQUID EXTRACTS

Royal Desmodium™ Muscle-Tendon Support
Royal Desmodium™ Allergy-Lung Support
Royal Break-Stone™ Liver-Gall Bladder Support
Royal Break-Stone™ Kidney-Bladder Support
Royal Cat's Claw™ Liquid Extract
Royal Lucraco Plus™ Liquid Extract
Royal Graviola™ Liquid Extract

Other Premium Quality Botanicals:

Royal Maca™ † Capsules & Powder
Royal Camu™ Capsules & Powder
SHE™ (Royal Camu-Maca) Capsules
Royal Desmodium™ Tea
Royal Cat's Claw™ Tea
Royal Abuta Plus™ Capsules
Royal Dragon's Blood Liquid Sap

† Certified Organic - Pre-Cooked

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WILDCRAFTED ROYAL CHANCA PIEDRA™ LIVER-GALL BLADDER SUPPORT



**Chanca
Piedra**

Phyllanthus Spp.

Chanca Piedra means “to break up stones”
in Quechua and Spanish.

- Supports healthy gall bladder function and healthy liver enzyme levels*
- Gentle, highly effective liver-gall bladder cleanse*
- Promotes a healthy uric acid level in the body*
- Supports good digestion of fats*
- Promotes a healthy cholesterol level*

Royal Chanca Piedra™ is available as loose tea, an alcohol-free liquid extract and as double strength extract capsules.

*These statements have not been evaluated by the F.D.A. This product is not intended to prevent, diagnose, or treat any disease. This information is for educational use only.

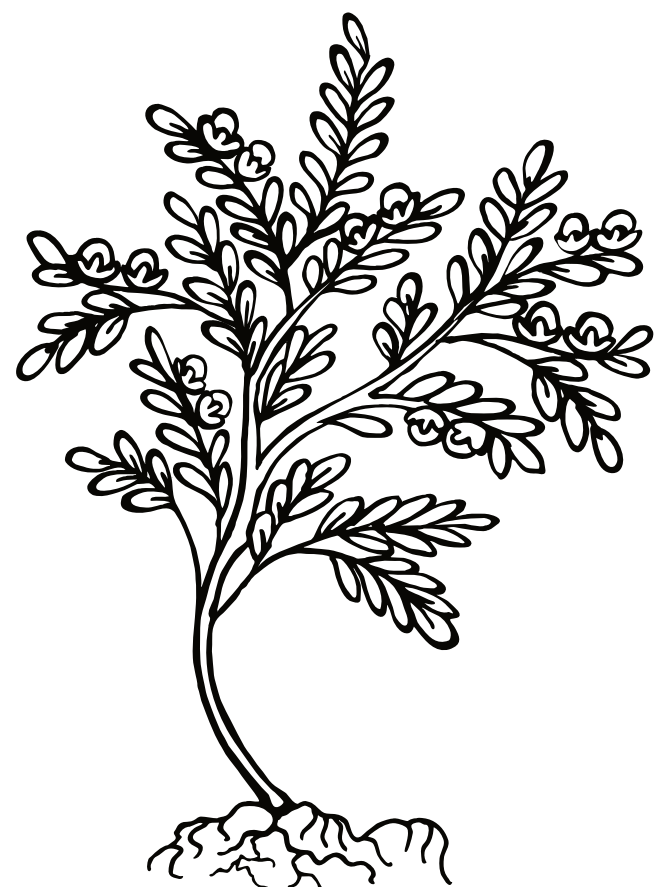
Royal Chanca Piedra™

Liver-Gall Bladder Support

Royal Chanca Piedra™ Liver-Gall Bladder Support liquid extract, capsules, and **Royal Chanca Piedra™ Tea** based on a popular Amazon rainforest herb (**Chanca Piedra**), provide powerful plant allies in helping to maintain optimal liver and gall bladder health.

Chanca Piedra is a composite name, **chanca** meaning “to break” in Quechua and **piedra** meaning “stone” in Spanish. It is the popular name given to several small fern-like plants in the **Phyllanthus** genus (botanical family Euphorbiaceae), including **Phyllanthus niruri**.

TRADITIONAL USAGE



In different areas of South America native people use **Chanca Piedra** to treat a wide variety of conditions, including toxic liver, hepatitis, excess uric acid, as well as gall bladder and kidney stones.*

SCIENTIFIC STUDIES AND RESEARCH

Research with rats at the Central Drug Research Institute of Lucknow, India in 2002 suggests that the Break-Stone herb (**Chanca Piedra**) is very helpful in the digestion of fats and lowering LDL cholesterol. These findings have a particular importance in the United States where fat consumption is the highest in the world.

The anti-hepatotoxic compounds in **Phyllanthus niruri** have been identified as phyllanthin, hypophyllanthin, and triacontanal.

Brazilian researchers also discovered powerful, long-lasting pain-blocking activity in the roots and stems of **Phyllanthus niruri** and other **Chanca Piedra** species.

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Royal Chanca Piedra™

Liver-Gall Bladder Support

Double Strength Extract and Capsules

One cup of Royal Chanca Piedra™ Tea, made with one gram (tsp.) of dried herb simmered for 15 minutes in 1 1/2 cups of water, is equal in strength to 30 drops of the liquid extract (one ml.) or one capsule—containing extract from 400mg. of dried herb plus almost 400mg. of powdered leaf. They all work equally well. We call our extracts “double strength” because most other companies do not offer the 1:1 (one part plant material to one part solvent) for liquid extracts and the equivalent of one gram of herb in a 400mg. capsule. They offer a 1:2 or 1:4 strength, using twice as much or 4 times as much solvent as plant material.

Its Purity

Royal Chanca Piedra™ Liver-Gall Bladder Support is a liquid extract manufactured from purified water with vegetable glycerin added. It is prepared from leaves freshly picked and dried especially for **Whole World Botanicals®**. Botanical identification is authenticated for each lot by thin layer chromatography.

Secondary Effects: Royal Chanca Piedra™ Liver-Gall Bladder Support may lower both blood sugar and blood pressure slightly.*

Drug Interactions: None known.

Available in 2oz. and 4oz. liquid extract, 120 vegetarian capsules bottle, and a loose tea.

Chanca Piedra

This delicate fern-like plant makes a very pleasant-tasting tea.

It can be drunk on a regular basis for its health-enhancing properties.

(Add a squeeze of lemon, if you like).



Testimonials

Toxic Liver

*“Recently I’ve developed a feeling of heaviness in the liver area after eating meals. I am a social drinker and don’t have a perfect diet. I tried the olive oil liver flush and I never want to go through that again. Instead, I do a gentle liver flush with the **Royal Chanca Piedra™ Tea** or the **Royal Chanca Piedra™ Liver-Gall Bladder Support Liquid Extract** for three weeks at least once a year. For maintenance, I use this **Liquid Extract** once a day for three or four days a week. I feel great!”**

— Chris D., social worker, San Francisco

Digestive Health

*“Over the years I’ve tried all kinds of remedies for my discomfort after eating, often with a burning sensation. Nothing worked that well. When I started taking one **Royal Chanca Piedra™ Liver-Gall Bladder Extract Capsule** with water before eating, all my digestion issues disappeared. I notice a huge difference when I eat pizza, french fries or a heavy meat meal.”**

— Jeanne G., nurse’s aide, New Jersey

Hepatitis C - Nutritional Support

*“I contracted Hepatitis C 20 years ago and was not diagnosed until recently when I began to have symptoms. I am following what my doctor is prescribing but I am also using the **Royal Chanca Piedra™ Liver-Gall Bladder Support Liquid Extract** three times a day between meals, and it has made a tremendous difference in how I feel. I have read a summary of the scientific research on **Phyllanthus niruri** and am impressed with the support it provides for the liver.”**

—William T., city government worker, New York City

Pizza, Ice Cream and My Gall Bladder

*“I used to get sharp pains in my gall bladder when I ate cheese or ice cream. I started taking **Royal Chanca Piedra™ Liver-Gall Bladder Support Liquid Extract** with a glass of water when this happened, and the pain would go away in a half hour. Now I don’t even get that pain any more.”**

—F. C., 52-year-old college professor, Detroit

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