

USAGE & DOSAGE

General considerations: It is advisable for most people doing a kidney cleanse to start the first day with only 30 drops of **Royal Chanca Piedra™ Kidney Bladder Support** liquid extract in a glass of water on an empty stomach OR one **Royal Chanca Piedra™** capsule taken in the same way, OR one glass of **Royal Chanca Piedra™ Tea**, made as directed on container. On the second and third days of the cleanse, the servings may be taken twice a day. From the fourth day forward for a 3 or 4 week cleanse, the servings may be taken 3 times a day. If it's not possible to schedule for 3 times a day, you may double up on one of the servings.

Optional: A squeeze of lemon juice may be added to the liquid extract and water.

How to take the product for an extended period of time: If you wish to take one or two servings (30-60 drops) or more daily for more than one month, consult your physician.



Royal Chanca Piedra™ Kidney-Bladder Support

is available as loose Tea, an alcohol-free liquid extract and as double strength extract capsules.

YOUR SOURCE FOR FOOD-SOURCED BOTANICALS

Whole World Botanicals™ offers the most potent and pure food sources for its dietary supplements. That's because we do the sourcing ourselves, have partnered with the same communities for more than 15 years, and our suppliers are small local growers. The term “**Single Source, Indigenous™**” sums it all up. That's what we offer to you.

OUR MISSION

Whole World Botanicals® provides Certified Organic and Wildcrafted premium-quality Peruvian botanicals.

We are a positive force for environmental protection and economic assistance in the form of interest-free loans to native/local herb growers, and technical assistance for implementing solar power and clean drinking water. Whenever possible, we buy directly from the growers/collectors at **Fair Trade** prices.

WHOLE WORLD BOTANICALS™ PRODUCTS: LIQUID EXTRACTS

Royal Desmodium™ Muscle-Tendon Support
Royal Desmodium™ Allergy-Lung Support
Royal Chanca Piedra™ Liver-Gall Bladder Support
Royal Chanca Piedra™ Kidney-Bladder Support
Royal Cat's Claw™ Liquid Extract
Royal Lucraco Plus™ Liquid Extract
Royal Graviola™ Liquid Extract

Other Premium Quality Botanicals:

Royal Maca † Capsules & Powder
Royal Camu Capsules & Powder
SHE™ (Royal Camu-Maca) Capsules
Royal Desmodium™ Tea
Royal Cat's Claw™ Tea
Royal Abuta Plus™ Capsules
Royal Dragon's Blood Liquid Sap

† Certified Organic - Pre-Cooked

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LIT-BKS-KID-TRI



WILDCRAFTED ROYAL CHANCA PIEDRA™ KIDNEY-BLADDER SUPPORT



Chanca
Piedra

Phyllanthus Spp.

Royal Chanca Piedra™ Kidney-Bladder Support

Chanca Piedra means “to break up stones”
in Quechua and Spanish.

- Kidney cleanse: promotes healthy kidney function*
- Supports the bladder and healthy urination*
- Promotes a healthy uric acid level in the body*
- Supports healthy distribution of calcium in the body*

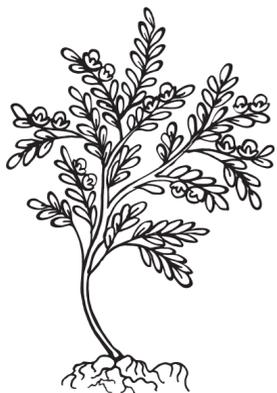
*These statements have not been evaluated by the F.D.A. This product is not intended to prevent, diagnose, or treat any disease. This information is for educational use only.

ROYAL CHANCA PIEDRA™ KIDNEY-BLADDER SUPPORT

Royal Chanca Piedra™ Kidney-Bladder Support liquid extract, capsules, and Royal Chanca Piedra™ Tea is based on a popular Amazon rainforest herb (Chanca Piedra). People wanting to support their health naturally have found a powerful plant ally in helping to maintain optimal kidney and bladder health.

Chanca Piedra is a composite name, **chanca** meaning “to break” in Quechua and **piedra** meaning “stone” in Spanish. It is the popular name given to several small fern-like plants in the **Phyllanthus** genus (botanical family Euphorbiaceae), including *Phyllanthus niruri*.

TRADITIONAL USAGE



In different areas of South America native people use **Chanca Piedra** to treat a wide variety of conditions, including toxic liver, hepatitis, excess uric acid, as well as gall bladder and kidney stones.*

SCIENTIFIC STUDIES AND RESEARCH

Research with rats at the Central Drug Research Institute of Lucknow, India in 2002 suggests that the Chanca Piedra herb is very helpful in the digestion of fats and lowering LDL cholesterol. These findings have a particular importance in the United States, where fat consumption is the highest in the world.

The anti-hepatotoxic compounds in **Phyllanthus niruri** have been identified as phyllanthin, hypophyllanthin, and triacontanal.

Brazilian researchers also discovered powerful, long-lasting pain-blocking activity in the roots and stems of **Phyllanthus niruri** and other **Chanca Piedra** species.

Royal Chanca Piedra™ Kidney-Bladder Support

Double Strength Extract and Capsules

One cup of **Royal Chanca Piedra™ Tea**, made with one gram (tsp.) of dried herb simmered for 15 minutes in 1 1/2 cups of water, is equal in strength to 30 drops of the liquid extract (one ml.) or one capsule—containing extract from 400 mg. of dried herb plus almost 400 mg. of powdered leaf. They all work equally well. We call our Extracts “double strength” because most other companies do not offer the 1:1 (one part plant material to one part solvent) for liquid extracts and the equivalent of one gram of herb in a 400 mg. capsule. They offer a 1:2 or 1:4 strength, using twice as much or 4 times as much solvent as plant material.

Its Purity

Royal Chanca Piedra™ Kidney-Bladder Support is a liquid extract manufactured from purified water with vegetable glycerin added. It is prepared from leaves freshly picked and dried especially for **Whole World Botanicals**. Botanical identification is authenticated for each lot by thin layer chromatography.

Secondary Effects: Royal Chanca Piedra™ Kidney-Bladder Support may lower both blood sugar and blood pressure slightly.*

Drug Interactions: None known.

Available in 1 oz., 2oz. and 4oz. liquid extract, 120 vegetarian capsules bottle, and a loose tea.

Chanca Piedra

This delicate fern-like plant makes a very pleasant-tasting tea.

It can be drunk on a regular basis for its health-enhancing properties.

(Add a squeeze of lemon, if you like).



TESTIMONIALS

Kidney Stones

*“I have a history of kidney stones. I’ve been using **Royal Chanca Piedra™ Tea** at a maintenance dosage for three years. This product provides excellent dietary support for my kidneys.* I am very pleased with the results. For maintenance I use this product once a day, six days a week.”*

– Eric M. 37-year-old computer programmer, N.Y.C.

Difficult Urination

*“I have a congenital urinary tract defect inherited from my father which makes urination very difficult. For the past decade I have suffered from erratic and weak urine flow. Taking the **Royal Chanca Piedra™ Kidney-Bladder Support Liquid Extract** on a regular basis has made a significant difference in easing my urination.* My quality of life has dramatically improved.”*

– Jon K., 52-year-old salesman, Philadelphia

Damaged Kidneys

*“My husband, who is 70 years old and a retired truck driver, is on kidney dialysis. Although the doctors say that it is impossible that his kidney function will improve, I am using every kind of nutritional support to help improve his quality of life. He has noticed a tremendous improvement in his energy since he started taking the **Royal Chanca Piedra™ Kidney-Bladder capsules** 3 times a day between meals.”**

– Maria C., Boston, MA

Bladder Infections

*“My college-age daughter has had a series of bladder infections in the last year. Each time it is treated with antibiotics, but every 6 weeks it's back again. Since she started taking the **Royal Chanca Piedra™ Kidney-Bladder Support Liquid Extract**, six days a week, she has had only one bladder infection in 6 months.”**

– C.C., College Park, MD



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