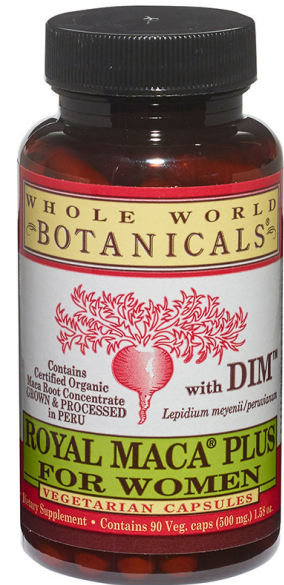


## Royal Maca® Plus for Women with DIM

This formula combines the hormone-balancing effects of Royal Maca® with diindolylmethane (DIM).

### Who Will Benefit Most From This Product?

- Women with heavy, painful periods\*
- Women with estrogen dominance (including endometriosis)\*
- Women at higher risk for breast issues\*
- Women who do not include at least three healthy servings of raw or very lightly-steamed cruciferous vegetables per week\*
- Women with hypothyroid condition because DIM offers a substitute for eating raw cruciferous vegetables\*
- Women with an autoimmune condition who may have a higher risk for developing breast issues\*



### Directions for Use

Take with food.

**Perimenopause/Petite women:** Start with 1 capsule daily (or every other day) with food. Increase if necessary after 5 days to control hot flashes.

**Post-menopausal women:** Start with 1 capsule twice daily with food. Post-menopausal women with hot flashes may need to take additional Royal Maca® capsules without DIM, or Royal Maca® powder. Increase, *if needed*, by 1 capsule a day every 5 days until hot flashes and other symptoms are *80% better*. If, at any point, hot flashes increase you are taking *too much*.

**Note:** If taking estrogen, estrogenic herbs, or precursor hormones, *stop* 4 weeks prior to taking Royal Maca® to avoid an increase in hot flashes. Meanwhile, to control symptoms, take 3-5 capsules of Royal Camu® 3 times daily. Urine may appear orange while using this product.

**Warning:** Consult a physician if pregnant or nursing. Do not use with Tamoxifen® or Lupron®. Do Not Refrigerate.

### Product Specifications

Serving size: 2 capsules

Bottle size: 90 capsules

Servings per bottle: 45

One serving of **Royal Maca® Plus for Women with DIM** contains: Lepidium meyenii/peruvianum (Royal Maca® root 2:1 powder concentrate) 900mg, Diindolylmethane (DIM) 200mg, Selenium 2.49mcg (naturally occurring in Maca root).

### How to Order

Order online at [www.wholeworldbotanicals.com](http://www.wholeworldbotanicals.com) or call toll free 877-885-5517.

**DISCLAIMERS** \*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. Additional support may be required, such as dietary changes, other supplements, acupuncture, massage, psychological support, or prescription drugs, etc. Maca is not to be taken by people with estrogen or testosterone dependent cancers, or by women on HRT, bioidentical hormones, or estrogen-based birth control pills. For adjuvant nutritional support. Disease, serious organ or system malfunction requires the advice of a health care practitioner. Any type of severe or persistent pain or dysfunction requires the diagnosis and treatment by a licensed physician.