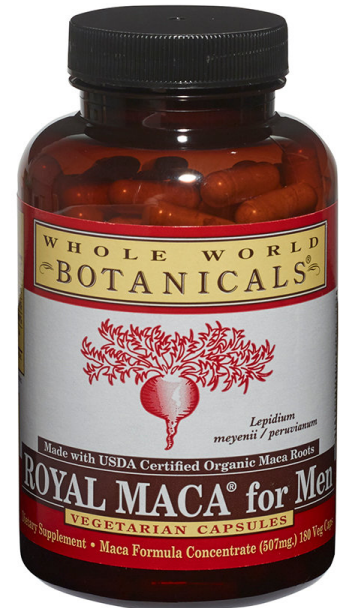


Royal Maca® for Menopause

*This product helps your body produce a better balance of its own hormones as you go through the shift from reproductive to post-reproductive hormone balance. The capsules are the same as Royal Maca® for Vitality, but the directions on this label give step-by-step instructions for finding your right dosage, which is critically important to achieve maximum relief of symptoms. The label also gives instructions for the easiest way to switch off of bioidentical hormones or other HRT, before beginning to use Royal Maca® for hormone support.**

Supports

- Libido and sexual function
- Hormone balance for relief of all menopausal symptoms including hot flashes, night sweats, foggy thinking, urinary frequency, etc., and support for post-menopausal energy*
- Healthy functioning of the endocrine system, including the adrenals, thyroid, and pancreas*
- Promotes bone strength*
- Supports collagen production (hair, skin, nails, muscles)*
- Increases neurotransmitter hormone receptors on cells for mood, sleep, and cognitive function*
- Aids in bone and muscle repair*



Directions for Use

Sensitive or Petite women: Take 1/2-1 capsule daily.

Women with a period: Take 2 capsules daily.

Women with painful periods, Perimenopause or PMS*: Take 2 capsules daily.

Women with no period: Take 3 capsules daily for menopausal symptoms. Increase, *if needed*, by 1-2 capsules a day every 5 days until hot flashes and other symptoms are *80% better*.

May be taken with progesterone-only birth-control pills. If taking estrogen, estrogenic herbs, or precursor hormones, *stop* 4 weeks prior to taking Royal Maca®. Meanwhile, to control symptoms, take 3-5 capsules of Royal Camu® 3 times daily.

Warning: Do not use with Tamoxifen® or Lupron®. Total selenium intake should not exceed 200mcg daily. Do Not Refrigerate.

Product Specifications

Serving size: 2 capsules

Bottle size: 60 and 120 vegetarian capsules, 120 gelatin capsules

Servings per bottle: 30, 60, 60

One serving of **Royal Maca® for Menopause** contains: Lepidium meyenii/peruvianum (Royal Maca® root 2:1 powder concentrate) 1200mg, Selenium 2.99mcg (naturally occurring in Maca root).

How to Order

Order online at www.wholeworldbotanicals.com or call toll free 877-885-5517.

DISCLAIMERS *This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. Additional support may be required, such as dietary changes, other supplements, acupuncture, massage, psychological support, or prescription drugs, etc. Maca is not to be taken by people with estrogen or testosterone dependent cancers, or by women on HRT, bioidentical hormones, or estrogen-based birth control pills. For adjuvant nutritional support. Disease, serious organ or system malfunction requires the advice of a health care practitioner. Any type of severe or persistent pain or dysfunction requires the diagnosis and treatment by a licensed physician.