

## Royal Maca® Bone and Hormone Support

*A unique bone support formula that slows bone loss and increases new bone growth.\* No other bone support product can make these claims!*

### Benefits

- Women begin to lose bone when their estrogen levels drop during perimenopause and menopause. Royal Maca® Bone and Hormone Support formula slows bone loss by increasing the estrogen level in estrogen-deficient women.\*
- Slows bone loss in perimenopause and menopause by increasing the number of estrogen receptors in women with hot flashes and testosterone receptors in older men in andropause.\*
- This formula also accelerates new bone production by boosting tissue levels of IGF-1 (Insulin Growth Factor-1).\*

### Directions for Use

Use this product daily with food to support bone density and for hormone balance.

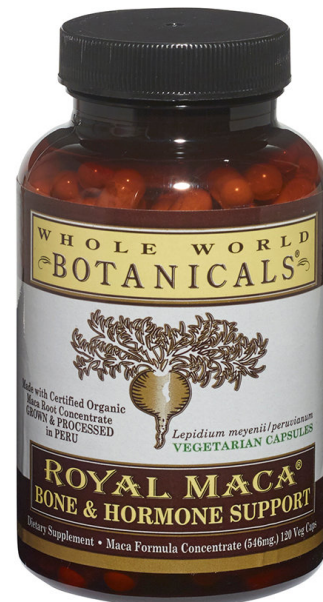
**Sensitive or Petite women:** Take 1/2-1 capsule daily.

**Perimenopausal women:** Take 2-3 capsules daily.

**Menopausal women:** Take 3-4 capsules daily. If 4 capsules daily are not sufficient to control hot flashes, add Royal Maca® powder (1/6 tsp) or one capsule as needed, every 5 days until hot flashes are 80% better.

**Note:** Most effective when taken with Royal Camu® (3 capsules daily) and calcium-rich diet. Stop birth control pills, HRT, phyto-estrogenic herbs, or precursor hormones for 4 weeks before starting Royal Maca® to prevent side effects. During those 4 weeks take Royal Camu® to reduce the hot flashes/depression.

**Warning:** Consult physician if pregnant or nursing. Do not use with Tamoxifen® or Lupron®. Total zinc supplements should not exceed 30mg daily. Do Not Refrigerate.



### Product Specifications

Serving size: 4 capsules

Bottle size: 120 vegetarian capsules

Servings per bottle: 30

One serving of **Royal Maca® Bone and Hormone Support** contains: Lepidium meyenii/peruvianum (Royal Maca® root 2:1 powder concentrate) 1600mg, Selenium 3.98mcg (naturally occurring in Maca root), Vitamin K2 MK4 78mcg, Vitamin D3 1800IU 45mcg, Horsetail herb (silica source) 20mg, Strontium 5mg, Boron Amino Acid Complex 3mg, Magnesium glycinate chelate 300mg, Zinc glycinate chelate 12mg.

### How to Order

Order online at [www.wholeworldbotanicals.com](http://www.wholeworldbotanicals.com) or call toll free 877-885-5517.